



# Advanced Training in the BdT Trauma Recovery Focused Model®

## Exploring Complex Trauma

2025-2026



Following on from the Certificate in Therapeutic Mentoring (CTM) foundations course of the BdT Trauma Recovery Focused Model® is this course which builds and extends the knowledge learnt.

Our mission is to bring recovery to children, young people and their families. This will change generational behaviour patterns and bring restoration to whole communities.

Each day can be attended as an individual training day if the CTM course has been completed.

Completion of the 20 days of training leads to the possibility of being accepted to be a recommended professional on the Trauma Recovery Global website, upon evidence of learning and application.

[www.traumarecoveryglobal.com](http://www.traumarecoveryglobal.com)

# Advanced Training in BdT Trauma Recovery Focused Model®

## Exploring complex trauma, consists of 10 days:



**Day 1** Thursday 9th October 2025 | 10AM - 3:30PM

Grief, loss and change.

Betsy de Thierry MA

**Day 2** Thursday 16th October 2025 | 10AM - 3:30PM

Emotional neglect.

Betsy de Thierry MA

**Day 3** Friday 17th October 2025 | 10AM - 3:30PM

Emotional abuse.

Betsy de Thierry MA

**Day 4** Friday 5th December 2025 | 10AM - 3:30PM

Medical trauma and organisational trauma.

Betsy de Thierry MA

**Day 5** Friday 30th January 2026 | 10AM - 3:30PM

Collective trauma.

Betsy de Thierry MA

**Day 6** Friday 13th February 2026 | 10AM - 3:30PM

Sexual trauma.

Betsy de Thierry MA

**Day 7** Friday 3rd April 2026 | 10AM - 3:30PM

Physical abuse.

Betsy de Thierry MA

**Day 8** Thursday 30th April 2026 | 10AM - 3:30PM

Complex trauma - Attachment trauma.

Betsy de Thierry MA

**Day 9** Friday 1st May 2026 | 10AM - 3:30PM

DID mapping.

Betsy de Thierry MA

**Day 10** Friday 15th May 2026 | 10AM - 3:30PM

Overview of Complex Trauma and Trauma Recovery Focused Model.

Betsy de Thierry MA

The training in the BdT Trauma Recovery Focused Model® has had around 450 students over the last 11 years. It started as a foundations certificate course in therapeutic mentoring. This is a new course which builds on the foundations of the model exploring recovery from Complex Trauma.

Betsy de Thierry, MA, is a Consultant Psychotherapist, Trainer, Author, Teacher, CEO of Trauma Recovery Global and BdT Training Ltd, and Founder & Chair of Trustees of the Trauma Recovery UK.

### **Avenue:**

- Online via Zoom

Here at TRG, we are excited to have students attending from all over the world! To facilitate everyone being able to access the training, we deliver everything over zoom. A trial of zoom can be arranged for those less confident.

We ask that students join the zoom as an individual rather than a group on one account as this will make the discussions easier.

We are proud to say that we have kept the cost of the courses the same, despite inflation for the past 9 years as Betsy recognises the cost of living crisis & funding available.

### **Cost:**

The cost of the course is £1750+VAT= £2,100 for 10 days training.

### **Evidencing your learning:**

There will be an end of course assessment for you to evidence your learning and application.

### **Terms of service:**

By booking a BdT training course you agree to our terms and conditions, a copy of which can be found on the Trauma Recovery Global website under the Training section at the bottom of the page.

### **References:**

References only need to be taken if you are not currently employed in a school, police force, local authority setting. If you are in such as setting we will assume child protection procedures have been robust. For those who are not in such settings we will need references and a DBS.

### **Applications:**

Applications can be got from:

[office@traumarecoveryglobal.com](mailto:office@traumarecoveryglobal.com)

[www.traumarecoveryglobal.com](http://www.traumarecoveryglobal.com)

